



FUNCTIONAL ACTIVITIES FOR YOUNGER STUDENTS[®]

ACADEMIC	
Put together puzzles (request, shape, number)	Color identification (art materials, toothbrush, toys, clothes)
Play with playdough (take turns, request color)	Number identification (calendar, work session)
Shape identification (puzzles, biscuit cutters, crackers, toys)	Counting (setting table, art materials, work materials)
Coloring (markers, crayons, pencils, paint with water)	Imitation action on object (toys)
Lite Brite [®] (follow pattern, request color)	Imitation of actions (verbs, free play, songs)
Play and use manipulatives (cars, dollhouse, beads, etc.)	Sorting toys
Cut and paste	
DOMESTIC	
Utensil/Cultery use	Fold Napkins
Set single place setting at table	Open bottles
Pouring drinks or ingredients	Open cartons
Wipe tables or dust	Cut toast/breads/sandwich in half
Clean up after activities	Sort laundry
OUTDOOR DOMESTIC	
Feed birds	Plant seeds
Put away outdoor toys	Water plants
SIMPLE MEAL PREP IDEAS	
Make frozen juices	Spread toppings on unbaked pizza
Spread peanut butter/other type of spread on cracker/biscuit	Put cookie dough onto baking tray
Stir chocolate powder into milk	Pour sprinkles on ice cream
Spread icing on cake/biscuit/cookie	Make sandwiches
SELF CARE	
Wash and dry hands	Use fasteners (zipper, buttons, VELCRO [®] Brand hook/loop fastener)
Brush teeth	Use the toilet
Dressing/undressing	Pour bubbles into bath
Put coat on/off/hang up	Wash and dry face
COMMUNITY SKILLS	
Walk with adult	Choose video/DVD from kiosk
Get napkins/utensils/straw for fast food meal	Choose toy at toy store
Choose 1-3 favorite items at grocery store	Drop letter in mail slot
Choose a book, music or movie from the library	Wait in lines



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ACADEMIC	
Collect attendance register- deliver to office	Fill up paint containers in art room
Deliver notes (non-verbal)	Shred paper
Deliver message (verbal - "excuse me...")	Make photocopies
Sort and deliver mail	Cut coupons/vouchers and sort coupons/vouchers
Deliver packages to areas around the school	Sort mail
Stuff mailboxes (flyers for staff)	Sharpen pencils
Construct gift bags (functional art project)	Sort crayons, markers, paints (pick-up, sort, deliver)
School store (sell student made crafts, baked goods)	Staple packets
Calculator skills (with money for school store)	Put away gym equipment (sort different objects, jump ropes, balls, cones, move mats)
Purchase items at school store	Sort Pics for PECS pictures for classroom
Stock shelves	Inventory food cabinet and create shopping list
Put away library books	Stamp new books in library (example: property belongs to ____)
Sort library books from magazines	Sort and roll coins
Purchase from vending machine	
DOMESTIC	
Clean toys	Plant care
Collect trash	Prepare meal
Collect/wash/deliver teacher coffee mugs	Prepare snack
Dust	Set table
Feed pets, clean fish tank, feed fish	Sort groceries and put away
Fold and put away chairs	Sort recycling
Sort dirty laundry	Sort silverware
Use the washing machine	Sweep
Use the dryer	Take out trash
Fold clean laundry	Vacuum
Sort/put away clean laundry	Wash chalkboards
Gather items needed for lunch (napkin, ketchup, utensil, etc.)	Wash dishes
Get mail	Wash windows
Load/unload dishwasher	Water plants
Make a bed	Wipe chairs
Mop	Wipe down gym equipment (mats)
Clean bath/shower/basin/toilet	



OUTDOOR DOMESTIC	
Rake leaves	Shovel
Plant flowers	Sweep
Pull weeds	Wash windows
Feed birds	Wash car
SIMPLE MEAL PREP IDEAS	
Frozen juices	Toast/bagel
Sandwich	Cheese and crackers
Pancakes	Microwave pizza
Chocolate/flavored milk	Macaroni and cheese
Milkshakes	Ice cream sundae
Slice and bake cookies/biscuits	Microwave popcorn
SELF CARE	
Wash and dry hands	Use fasteners (zipper, buttons, VELCRO® Brand hook/loop fastener)
Brush teeth	Use the toilet
Dress/undress	Bath/shower/hang up towels
Put coat on/off/hang up	Wash and dry face
COMMUNITY SKILLS	
Plan meals	Pay at sit-down restaurant
Make list (use pictures for non-readers)	Rent a DVD/video
Shop for groceries/follow shopping list	Haircut- schedule, pay for it
Purchase groceries	Library-check out book, movie or music
Use public bus/transportation	Shop for clothes
Order fast food meal	Purchase clothes
Purchase fast food meal	Mail letter
Cross street	Make a bank withdrawal/deposit
Navigate parking lots	Schedule a doctor/dentist appointment
Order at sit-down restaurant	